



# SUMMER COHORT SCHEDULE (SAMPLE)

TIME	SUN	MON	TUE	WED	THU	FRI	SAT
7:00 AM							
7:30 AM	Continental Breakfast						
8:00 AM							
8:30 AM							
9:00 AM	O F F	College 101 Seminar	Independent Group Activities	Academic Survival Breakout	Executive Functioning Workshop	College 101 Seminar	Section 2: Group Challenge & Social Exploration
9:30 AM							
10:00 AM							
10:30 AM							
11:00 AM	F	Individual & Team Meetings					
11:30 AM							
12:00 PM							
12:30 PM	D						
1:00 PM	A Y	Building Digital Literacy	Intentional Change Theory Workshop	College 101 Seminar	Life-Skills & Outdoor Breakout	Writing Competency & Resilience	Section 1: Group Challenge & Social Exploration
1:30 PM							
2:00 PM							
2:30 PM							
3:00 PM		Individual & Team Meetings					
3:30 PM							
4:00 PM							
4:30 PM							
5:00 PM							
5:30 PM	Group Dinner						
6:00 PM							
6:30 PM	O						
7:00 PM	F F	Study Hall & Hangout (optional)	Evening Program: Resident Advisor & Student Led	Study Hall & Hangout (optional)	Evening Program: Resident Advisor & Student Led		
7:30 PM							
8:00 PM							
8:30 PM							
9:00 PM	Resident Check-Outs						
9:30 PM	D A Y						
10:00 PM							
10:30 PM							
11:00 PM							
11:30 PM							