

SUMMER COHORT: WEEK 1 SAMPLE SCHEDULE

	SUNDAY AT WORKBAR	MONDAY AT WORKBAR	TUESDAY AT COMM AVE	WEDNESDAY AT WORKBAR	THURSDAY AT COMM AVE	FRIDAY AT WORKBAR	SATURDAY AT COMM AVE
7:30 – 9:00		<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	<i>Breakfast</i>	
9:00 – 10:00	Self-Care Activity	You're In College Now	Introductions: Life Skills	Critical Analysis	Self-Care Activity	Ins and Outs of Research & Academic Writing	Self-Care Activity
10:00 – 11:00	<i>Breakfast</i>		Travel to Boda Borg		Intro to Community Mapping		<i>Breakfast</i>
11:00 – 12:00	Introductions Portfolio Review	Appearance, Perception, Perspective & Reality	Boda Borg	1:1 Meetings	5 Core Skills	1:1 Meetings	Photovoice Introduction
12:00 – 1:00	<i>Lunch</i>	<i>Lunch</i>		<i>Lunch</i>	<i>Lunch</i>	Intention Setting 5 Core Skills	
1:00 – 2:00	Neighborhood Tour	College Identity	<i>Lunch</i> Debrief	Logic and Problem Solving Simulation	Community Mapping – In Practice	Intro to Effective Presentations	<i>Lunch</i>
2:00 – 3:00			Travel to Dorm				Intro to Campus Scavenger Hunt
3:00 – 4:00	Schedule Review Releases Intention Setting	1:1 Meetings	Travel to Dorm	1:1 Meetings	1:1 Meetings	1:1 Meetings	Debrief
4:00 – 6:00		<i>Free Time</i>	<i>Free Time</i>	<i>Free Time</i>	<i>Free Time</i>	<i>Free Time</i>	<i>Free Time</i>
6:00 – 7:00	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>	<i>Dinner</i>
7:00 – 9:00 Optional	Let's Get to Know Each Other	Identity Collage	Cooking Challenge!	Game Night	Shakespeare on the Common	Make Your Own: Stress Ball	Grocery Shopping